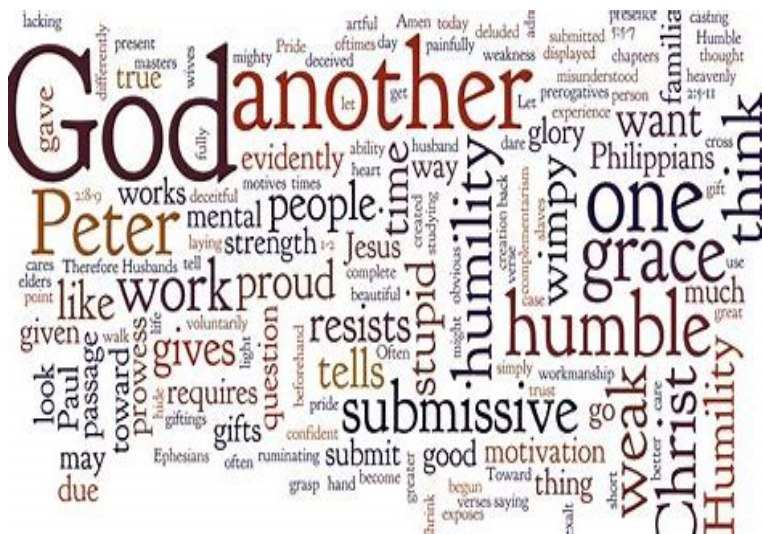


ABERDEEN ST MARK'S CHURCH OF SCOTLAND



Standing on the Promises
GRACE FOR THE HUMBLE
Second Sunday in Lent
Sunday 8 March 2020
Mr. Stiubhart MacChoille



“In the same way you younger men must be subordinate to your elders. Indeed, all of you should wrap yourselves in the garment of humility towards each other, because God sets his face against the arrogant but favours the humble. (1 Peter 5: 5)

“St Mark’s, sharing God’s love in the City Centre”

Welcome & Intimations

Children's Address:

Children's Prayer: (Children leave for Sunday School)

Praise: **CH4: 201** Worship the Lord in the beauty of holiness

Prayer of approach including the Lord's Prayer

Praise: **CH4: 555** Amazing Grace

Readings: 2 Chronicles 7: 11-22 (Page 358)
 1 Peter 5: 1-11 (Page 1012)

Praise: **CH4: 462** The King of Love

Sermon: Grace for the humble

Praise: **MP: 1** A new commandment

A new commandment I give unto you,
that you love one another
 as I have loved you,
that you love one another
 as I have loved you.

By this shall all men know
 that you are my disciples,
if you have love one for another.

By this shall all men know
 that you are my disciples,
if you have love one for another

Prayers of thanksgiving and intercession

Praise: **CH4: 153** Great is thy faithfulness

Benediction:

Threefold Amen

Please join us downstairs in the Hall after the service for tea/coffee and fellowship.

Church Family News

- 1. The Guild of Friendship** meets tomorrow at 14.15 in the Hall for an afternoon of Bingo. All welcome.
- 2. The Property Team** meets on Tuesday 10 March at 19.00 in the small meeting room.
- 3. The Scottish Country Dance Class** meets on Wednesday 11 March at 19.30 in the Hall. All welcome.
- 4. The Co-ordinating Group** will meet on Wednesday 11 March at 19.15 in the Session Room.
- 5. The Guild** meets on Thursday afternoon (12 March) at 14.00 in the Session Room when Joyce Lettis will give a presentation on a "Pacific Island Childhood". All welcome.
- 6. Lenten Studies – The Parables.** The discussion group to help us understand The Parables continues in the Session Room on Thursday evening from 19.15 – 20.30 and is chaired by Peter Gray. We concentrate on the great parables beginning with the Prodigal Son and then the Sower. Do come and join us for this traditional Lenten exercise!
- 7. Circle of Care Communion.** If you can assist in bringing members to the Circle of Care Communion on Sunday 29 March, please add your name to the list in the Vestibule.
- 8. Befriend a Child – The Kilt Walk.** A meeting to give information on this event will be held in the Hall on Thursday 19 March at 18.00. Please come along if you are interested in taking part on behalf of Befriend a Child.

9. Somebody Cares. If you are able, please bring along one item of non-perishable (canned/packet) food each week to place in the food collection bin located in the hall.

10. Intimations. Please ensure that all intimations are passed on to the Church Office by 12.00 on Wednesday each week for inclusion in the Order of Service.

11. Please let us know of: -

- (a) Any member of the Church or a member of their family being in hospital;
or
- (b) Any member of the Church who is unable to come on a Sunday and who would appreciate Home Holy Communion.

Please contact Carole in the Church Office (01224) 640672 or email: office@stmarksaberdeen.org.uk.

DO YOU WANT TO FAST THIS

LENT?

(in the words of Pope Francis)

- *Fast from hurting words and say kind words.*
- *Fast from sadness and be filled with gratitude.*
- *Fast from anger and be filled with patience.*
- *Fast from pessimism and be filled with hope.*
- *Fast from worries and have trust in God.*
- *Fast from complaints and contemplate simplicity.*
- *Fast from pressures and be prayerful.*
- *Fast from bitterness and fill your hearts with joy.*
- *Fast from selfishness and be compassionate to others.*
- *Fast from grudges and be reconciled.*
- *Fast from words and be silent so you can listen.*

(copied from a post on Facebook).